

Sisters for Yah

Yahweh Brings Us to Himself

Yahweh has always wanted a relationship with his creation. Ultimately, He did not deliver the children of Israel out of Egypt **only** because He wanted them to enjoy the Promised Land. No, He freed them from their bondage so that they could come to know and worship Him. Any normal father wants to know his children. Yahweh saved the Israelites so that they could have intimate fellowship with Him. In Egypt, the people had no freedom of worship. Once in their own land, they were to serve Yahweh freely.

Yahweh has always wanted His people to be an example to the nations. Through Yahweh's act of deliverance, the Israelites came to know Him as an almighty and compassionate Elohim. Yahweh was so different from the pagan mighty ones of the other nations. Many of the pagan deities were believed to be cruel and blood-thirsty, even requiring the people to sacrifice their own children.

What a stark contrast to our precious Heavenly Father who loves us! Many people assume that when Yahweh calls them, He only does so to accomplish a certain purpose. People are so activity-oriented that they assume that their only mission is to perform tasks for Yahweh, instead of enjoying an intimate relationship with Him. Yes, we are to fulfill our missions that we are given, but even in those situations, Yahweh uses our circumstances to bring us back to Himself. When we go through crises, it can bring us closer to Him.

Yahweh cares for His creation. Even though He chose Israel to be His people, He did not hate other nations. In fact, in the future, we will even see foreign nations observing the Feast of Tabernacles (see Zechariah 18:14)! Yes, the world is a mess right now. That's why Yahweh's people are looking forward to Yahshua's return and the soon-coming Kingdom. The recent coronavirus pandemic has caused many people to ask questions, such as, 'Where is this all leading?' and, 'What can I do now to prepare for Yahweh's Kingdom?' These are great questions that give believers the opportunity to witness to others. A world crisis can be fertile ground to tell people about Yahweh—people who may not normally be receptive. Let's all be ready with an answer when people ask us what is the hope within us! (1 Pet. 3:15).



Inside this issue:

Yahweh Brings Us to...	1
Short articles	2
Helpful tips	3
Recipes	4

His Thoughts are Not our Thoughts

Colossians 2:8 says, *Beware lest anyone cheat you through philosophy and empty deceit, according to the tradition of men, according to the basic principles of the world, and not according to Messiah.*

There is a subtle temptation that encourages believers to be “practical.” That is, they try to do Yahweh’s work in man’s way. “Getting results” becomes the primary focus. It almost seems that some people believe that the end justifies the means. It is certainly a challenge to not be led astray by the world’s reasoning. If you read the Bible regularly, you’ll see that of-



tentimes the means are more important than the results. The world tries to assure you that as long as you accomplish something for Yahweh’s Kingdom, that’s all that matters. Not so fast! Take the situation concerning Ananias and Sapphira in Acts 5:1-11. They gave an offering to the Assembly. Sounds good, right? The problem was that they gave the offering deceitfully, and Yahweh judged them immediately, not only for what they did, but how they did it.

Satan tried to trap Yahshua with this same temptation. Satan did not question the worthiness of Yahshua’s task, but simply offered “practical” solutions to accomplish Yahshua’s goal more quickly and at lesser cost. Never forget, Yahweh’s ways are not man’s ways. “Efficiency” from man’s perspective is not particularly prized by Yahweh. In man’s eyes, it doesn’t seem efficient to have the children of Israel march around Jericho thirteen times then blow their trumpets, but it did bring the walls down, didn’t it (see Joshua 6, entire chapter)? Likewise, in man’s eyes, it doesn’t seem logical to select the youngest of Jesse’s sons to become the next king, but Yahweh saw a man after His own heart in the youngest, David (1 Sam. 16:11). Also, at first glance, it didn’t seem wise for Yahshua to have picked the men that He did, yet through them, Yahweh dramatically affected the world.

It is never wise to attempt to do Yahweh’s work in man’s way. It is an age-old temptation that appears to make sense on the surface, but is often at variance with Yahweh’s purpose.

Calling Down Fire?

James and John were called the “Sons of Thunder.” It was not a flattering nickname. You can read about it in Luke 9. When they discovered a Samaritan village that would not receive Yahshua, the two were fully prepared to destroy the city. Perhaps they felt a show of power would “scare” the people into accepting the Good News. But Yahshua rebuked them! Much later in Acts 8, we read that Samaria had actually responded to the Good News. Yahweh’s purpose had not been to destroy the Samaritans but to save them. What a huge difference in man’s ways compared to Yahweh’s ways. Man’s thinking would have destroyed an entire city. Yahweh’s plan brought salvation to it. So how about us? Let’s be gentle when we share Yahweh’s truth, instead of trying to verbally “call down fire from heaven.”

EASY TIPS TO MAKE YOUR GROCERIES LAST LONGER

Have you ever spent hard-earned money on produce, only to see it rot before you get to use it? Try the tips below; they really work!

1. Drop an onion in each foot of a pair of pantyhose, tie a knot in between and continue to extend shelf life.
2. Wrap broccoli, lettuce and celery in foil in the fridge, so they last a month or more.
3. Make room in your fridge by displaying herbs like parsley in a vase of water. Be sure to trim stems first.
4. Don't store milk in the fridge door. It will spoil quicker.
5. Don't store meat and produce together.
6. Shrink wrap the crown of bananas. Wrapping plastic around the crown will curb the release of ethylene gas. Poke a few holes in plastic storage produce bags to prevent too much moisture from spoiling your veggies.
7. Use your freezer when possible. Many fruits and veggies can be frozen.



Trying to lose weight? These foods will help you stay fuller longer

—OATMEAL. Studies show that people who ate oatmeal for breakfast kept them feeling full much longer than sugary cereals. They even ate 31 percent fewer calories at lunch. It's probably due to the fiber in oatmeal, which causes it to digest slower.

—EGGS. Contrary to popular belief, healthy people don't have to avoid eggs. Newer studies show that eggs don't raise cholesterol to dangerous levels in healthy individuals.

—ALMONDS. A handful of almonds will curb your hunger pangs, and provide a healthy dose of nutrition to boot.

—BEANS. Nutritionists say that beans are one of the most nutritious foods you can consume. They are high in fiber and protein. Try adding them to salads.

—RYE BREAD. Take a tip from the Scandinavians. Rye bread is a powerhouse of nutrition.

—GREEK YOGURT. Ditch the sugary yogurts and switch to Greek. It's much higher in protein and will keep you full for hours.

—AVACADOES. They're very high in the good kind of fat. Place thick slices on sandwiches or salads for a treat!

—SALMON. Fatty fish is good for you! The omega 3's are great for your heart. And with 25 grams of protein per serving, you'll feel full longer.



Yahweh's Assembly in Yahshua
2963 County Road 233
Kingdom City, Missouri 65262

Main Line: 1-573-642-4100
Toll Free: 1-877-642-4101
Fax Line: 1-573-642-4104
Website: www.SistersForYah.org



Apple Grilled Cheese

2 slices whole grain bread

2 t. honey mustard

2 slices sharp cheddar

Thin slices of tart apple such as Granny Smith

Butter for the pan

Put 1 t. mustard on each bread slice. Top with the cheese and apples. Grill each side in buttered skillet about 4 minutes each side until cheese is nice and melted.

Spring Asparagus Toss

1 1/2 pounds asparagus, cut in 1/2 inch pieces and lightly steamed

2 small tomatoes, chopped

3 T. apple cider vinegar

3/4 t. Worcestershire sauce

1/3 cup sugar

1 T. grated onion

1/2 t. salt

1/2 t. paprika

1/3 cup olive oil

1/3 cup sliced almonds

1/3 cup feta cheese

Mix all the items together. Makes a delightful, healthy side dish to chicken or fish. Can be served warm or cold.

